

# The Nightingale Way

## Dates for your Diary:

Christmas Dinner: Wednesday 16th December

Nativity: Friday 18th December

School closes for Christmas: Friday 18th December

School reopens for children: Monday 4th January 2016 at 8.55am

## Healthy Lunches



A reminder to everyone that we are a 'Healthy Schools' school. A healthy, enjoyable lunch gives children the energy they need to learn and play at school. Please ensure your children's packed lunch is well balanced. Packed lunches should not contain chocolate, sweets, salted savoury snacks or crisp-like products. Please do not include jam or chocolate spread filling for sandwiches. Only water or pure fruit juices should be included in the lunchbox. For guidance and ideas to help make your child a healthier packed lunch, please pick up a leaflet from the office.

## Uniform

Please ensure all children are dressed in full uniform, including dark school shoes. Trainers should only be worn during P.E. and with a school PE kit, available from the office.

## Aspire Project

Years 5 and 6 are currently taking part in the *Aspire* music project. The children will be taking part in several workshops throughout the year, finishing with a concert next year where they will sing alongside other schools in London. The boys in Year 5 and 6 will also have the opportunity next week to attend an additional workshop, alongside the London Youth Boys' Choir, in the church of St. Sepulchre without Newgate, near St Pauls. They will be attending a concert afterwards.



Parents/Carers, please notify the office if you have arranged for another parent to pick up your child, so they can let the teacher know. The safety of your children is our priority at all times.

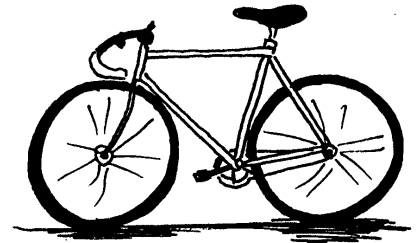
## Speech Bubbles

Speech Bubbles is an exciting new programme that uses drama approaches to improve children's communication and confidence. It is currently being delivered to children in Year 1 and Year 2. On **Wednesday 18th December**, the parents of the children who attend, are invited to join in the sessions, that run from 1.30—3.30. Please see letter for your specific time.



## Cycle Training

Children from Year 5 are currently taking part in a 5 week National Standards on road cycle training course, funded by Hackney Council. The aim of the course is to give children the skills and knowledge to use their bike safely and effectively on quiet roads.



## Make a Noise about Bullying

Next week we will be celebrating friendship and kindness to show our commitment and support of Anti-Bullying Week. This is an annual event which aims to raise awareness of bullying of children and young people, and to highlight ways of preventing and responding to it. During the week, the children will be exploring friendship, respect, kindness, e safety and bullying during in-class sessions. The children will also be designing posters .We will be looking for designs to enter into the annual Actionwork competition, so children, get those ideas flowing!

## Linklaters Christmas Card Competition

Nightingale have been asked to draw Linklaters' Christmas cards this year, for them to send out to colleagues and supporters. We ran a competition and they have picked their three favourite cards. Well done to Baran (Year 6), Levih (Year 6 and Kesha (Year 5).



*By Kesha*



*By Levih*



*By Baran*