

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 2nd Jan - Mon 23rd Jan - Mon 20th Feb - Mon 13th Mar



Main Dish
of the
Day

Vegetarian
Dish of the
Day

Vegetable
Choice

Dessert of
the Day

Jacket
Potato Bar

Cold
Selection

Monday

Roasted Tomato &
Basil Pasta
(CE, G)

Winter Vegetable
Stew

Mash Potato (MK)
Broccoli
Green Beans

Chocolate &
Beetroot Brownie
(E, G, MK, SO)

See Board for
Details

Salad Bar
Homemade Bread
(G, SO, MK)
Fresh Fruit

Tuesday

Beef Burger
(G, SE*, SU)

Vegetable Bean
Burger
(G, SE*)

Seasoned Wedges
Carrots
Sweetcorn

Lemon Drizzle
Cake with Lemon
Sauce
(E, G, MK, SU)

See Board for
Details

Salad Bar
Homemade Bread
(G, SO, MK)
Fresh Fruit

Wednesday

Roast Beef,
Yorkshire Pudding &
Roast Gravy
(E, G, MK)

Macaroni Cheese
(G, MK)

Baby Roast Potatoes
Medley of Seasonal
Vegetables

Forest Fruit
Crumble with
Custard
(G, MK)

See Board for
Details

Salad Bar
Homemade Bread
(G, SO, MK)
Fresh Fruit

Thursday

Chicken Tikka
Masala
(CE, G*, MK)

Vegetable Korma
CE, G*

Steamed Rice
Roasted
Cauliflower
Carrot Batons

Winter Berry Tray
Bake with Whipped
Cream
(E, G, MK)

See Board for
Details

Salad Bar
Homemade Bread
(G, SO, MK)
Fresh Fruit

Friday

Breaded Baked Fish
with Tomato
Ketchup
(F, G)

Vegan Nuggets
(G)

Chips
Beans
Peas

White Chocolate
Cookie with
Strawberry Mousse
(E, G, MK, SO)

See Board for
Details

Salad Bar
Homemade Bread
(G, SO, MK)
Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

NIGHTINGALE

