

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 5th Sept - Mon 26th Sept - Mon 17th Oct - Mon 14th Nov - Mon 5th Dec



Main Dish
of the
Day

Vegetarian
Dish of the
Day

Vegetable
Choice

Dessert of
the Day

Jacket
Potato Bar

Cold
Selection

Monday

Tuesday

Wednesday

Thursday

Friday

Quorn Lasagne with
Garlic Bread
(E, G, MK, SE*)

Pepperoni Pizza
(G, MK)

Roast Turkey, Stuffing
& Roast Gravy
(G)

Jerk Chicken Burrito
(CE, G, MU)

Breaded Baked Fish
with Tomato
Ketchup
(F, G)

Roasted Root
Vegetable Pasta Bake
(CE, G, MK)

Veggie Supreme
Pizza
(G, MK)

Vegetable &
Chickpea Loaf
(CE, G, SO)

Vegetable & Bean
Chilli Burrito
(CE, G, MU)

Vegetable Calzone
(G, MK)

Herby Diced
Potatoes
Sweetcorn
Peas

Seasoned Wedges
Baked Beans
Salad

Baby Roast Potatoes
Medley of Seasonal
Vegetables

Golden Vegetable Rice
(CE)
Carrots
Broccoli

Chips
Baked Beans
Peas

Apple Flapjack
(G)

Chocolate & Orange
Sponge with
Chocolate Custard
(E, G, MK)

American Waffle
with Caramel Sauce
(E, G, MK, SO)

Lemon Drizzle Cake
with Lemon Sauce
(E, G, MK, SU)

Winter Berry
Cheesecake
(E*, G, MK, SO*)

See Board for
Details

See Board for
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Salad Bar
Homemade Breads
(G, SO)
Fresh Fruit Salad

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Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

Nightingale

