

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Margherita Pizza
(MK, G/W)

Piri Piri Chicken

Butcher's Sausage With
Mashed Potato & Gravy
(CE, MK, SO, SU, G/W)

Butter Chicken Curry
(G/B*, O*, R*, W*)

Battered Fish Or Salmon
Fishcakes & Chips
(F, G/W)

VEGGIE



Veggie Supreme Pizza
(MK, G/W)

Vegetable & Lentil Keema
Curry
(E, G/B, W*)

Veggie Sausage With
Mashed Potato & Gravy
(MK, G/W)

Tomato & Basil Gnocchi
(CE, E*, MK*, MU*, SO*,
G/W)

Vegan Nuggets & Chips
(G/W)

V

SIDES



Homemade Potato Wedges
& Green Salad

Steamed Rice & Green
Beans

Roasted Carrots & Parsnips

Steamed Rice & Green
Beans

Beans or Peas

V

V

V S

V

V

PASTA & JACKET



Jacket & Salad

Jacket & Salad

Jacket & Salad

Jacket & Salad

Jacket & Salad

PUD



Fresh Fruit

Chocolate & Orange
Brownie
(E, MK, SO, G/B*, W)

Fresh Fruit

Carrot Cake
(E, MK, SO*, G/B*, O*, W)

Yoghurt
(MK)

V

V

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

4 SEP / 22 SEP /
13 OCT / 10 NOV /
1 DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Beef, Lentil & Mixed Bean
Chilli Con Carne
(G/B*, W*)

Beef Burger
(SE*, SO, SU, G/W)

Roast Chicken & Gravy

Cherry Tomato & Spinach
Pasta
(CE, G/W)

V

Fish Fingers Or Salmon
Fishcake & Chips
(F, G/W)

VEGGIE



Quorn & Mixed Bean Chilli
con Carne
(E)

Vegetable Burger
(SE*, G/W)

Roasted Vegetable Filo
Parcel with Homemade
Tomato Sauce
(G/W)

Mac & Cheese
(MK, G/W)

Cheese & Tomato
Pinwheel
(MK, G/W)

V

SIDES



Steamed Rice & Sweetcorn

V

Homemade Potato Wedges
with Baked Beans or Green
Salad

V

Rustic Roast Potatoes with
Roasted Carrots & Parsnips

V S

Mixed Green Salad &
Coleslaw
(E)

Beans or Peas

V

PASTA & JACKET



Jacket & Salad

Jacket & Salad

Jacket & Salad

Jacket & Salad

Jacket & Salad

PUD



Homemade Chocolate
Cookie
(E, MK, SO, G/W)

Fresh Fruit

V

Yoghurt
(MK)

Orange Syrup Sponge With
Vanilla Sauce
(E, MK, SO*, G/W)

Fresh Fruit

V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

8 SEP / 29 SEP /
20 OCT / 17 NOV /
8 DEC

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FRIDAY

THEME DAYS

MAIN



Creamy Chicken Pesto Pasta
(MK, G/W)

Beef Lasagne With Lentils
(E*, MK, G/B*, W)

Homemade Chicken Sausage Roll With Gravy
(E, G/W)

Honey Glazed Chicken with Homemade Wedges
(SO, G/W)

Battered Fish Or Salmon Fishcakes & Chips
(F, G/W)

VEGGIE



Vegetable & Lentil Bolognese
(G/B*, W*)

Roasted Squash & Root Vegetable Lasagne
(E*, MK, G/W)

Roasted Root Vegetable Pie with Gravy

Honey Glazed Quorn with Homemade Wedges
(SO, G/W)

Veggie Sausage Roll & Chips
(MK*, SO, G/B, W)

V

S

V

SIDES



Green Salad & Coleslaw
(E)

Mixed Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Carrots & Green Beans

Beans or Peas

V

V

V

S

V

S

V

PASTA & JACKET



Jacket & Salad

Jacket & Salad

Jacket & Salad

Jacket & Salad

Jacket & Salad

PUD



Yoghurt
(MK)

Fruit Jelly

Fresh Fruit

Orange Syrup Sponge With Vanilla Sauce
(E, MK, SO*, G/W)

Yoghurt
(MK)

V

V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

15 SEP / 6 OCT /
3 NOV / 24 NOV /
15 DEC

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