

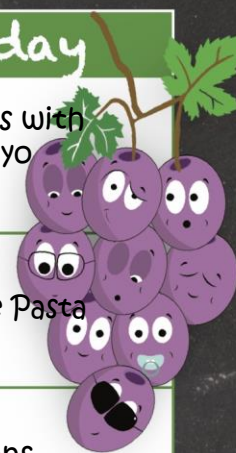
[WEEKLY MENU]



Week 2

Weeks Commencing: Mon 12th Sept - Mon 3rd Oct - Mon 31st Oct - Mon 21st Nov - Mon 12th Dec

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|---|---|---|---|
| Main Dish of the Day | Quorn Tikka Masala (CE, E, G*, MK) | Butcher's Choice Sausages (Beef) (CE, G, MK, SO, SU) | Roasted Garlic & Thyme Chicken | Beef Bolognese | Fish Fingers with Lemon Mayo (E, F, G) |
| Vegetarian Dish of the Day | Vegetable Korma (CE, G*) | Vegetable Sausages (CE, G) | Roasted Vegetable Wellington (CE, G) | Veggie Bolognese (CE) | Tomato & Basil Penne Pasta (CE, G) |
| Vegetable Choice | Steamed Rice Pot Roasted Cauliflower Green Beans | Mashed Potatoes (MK) Peas Carrots | Baby Roast Potatoes Medley of Seasonal Vegetables | Spaghetti (G) Carrots Cabbage | Chips Baked Beans Peas |
| Dessert of the Day | Banana Sponge with Custard (E, G) | White Chocolate Cookie (E, G, MK, SO) | Fruit Jelly & Whipped Cream (MK) | Iced Vanilla Sponge (E, G) | Belgian Waffles with Chocolate Sauce (E, G, MK, SO) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad | Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad | Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad | Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad | Salad Bar Homemade Breads (G, SO) Fresh Fruit Salad |



Nightingale

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain